

## Wabasha County Senior Services

<b>Adult Day Services</b>	Family Roots Eldercare Country Cottage	507-696-2572
	Gundersen St. Elizabeth Care Center	651-565-4531
	SMB Disability Solutions-Rochester	507-292-7944
<b>Adult Foster Care (AFC)</b>	Wabasha County (AFC)	651-565-3351
<b>Advocacy, Information &amp; Assistance</b>	Three Rivers Senior Advocate	507-330-7152
<b>Caregiver Support</b>	National Alzheimers Assn.	800-272-3900
	Regional Alzheimers Assn.	507-289-3950
	Elder Network - Wabasha	651-565-3237
	Three Rivers	800-277-8418
<b>Chore</b>	Three Rivers	800-277-8418
<b>County Social Services</b>	Wabasha County	651-565-3351
<b>Disability Services</b>	Disability Hub	866-333-2466
	PossAbilities	507-281-6116
	SEMCIL	507-285-1815
<b>Hospice</b>	Brighton Hospice	952-856-2213
	Mayo	507-284-4002
	Moments	507-888-9700
	ProMedica	507-292-1170
	Seasons	507-285-1930
	St. Croix	855-278-2764
<b>Information, Referral &amp; Assistance and Health Insurance Counseling</b>	Minnestoa Aging Pathways	800-333-2433
	Three Rivers Advocate	800-277-8418
<b>Legal Assistance</b>	SMRLS Hotline	888-575-2954
<b>Licensed Professional Home Health Care Agencies</b>	ACCRA*	651-388-1010
	Adara*	800-711-0509
*Medicare Certified	Aveanna*	507-282-2246
	Baywood Home Care*	763-546-8899
	BrightStar of Rochester	507-200-1009
	Conerstone Caregiving	507-516-7497
	Comfort Home Care*	800-204-2332
Note: Some agencies may not cover the entire county	Excellent Care Services	507-289-0338
	Global Home Care	507-282-6466
	Home Instead	888-285-1733
	Interim Health Care*	507-200-1111
	International*	507-451-6262
	Robland Home Care*	507-252-4619
	St. Elizabeth's Home Care*	651-565-5577
<b>Non-Medical Home Care / Home Management</b>	Home Instead	888-285-1733
	Elder Network	651-565-3237
	Excellent Care Services	507-289-0338
	Three Rivers	800-277-8418
<b>Long-Term Care Consultation (MnCHOICES Assessment)</b>	Wabasha County	651-565-5200
<b>Long-Term Care Ombudsman</b>	Statewide system	800-657-3591
<b>Meals on Wheels</b>	Lake City	651-345-1186
	Plainview/Elgin	507-710-7963

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	Mazeppa	800-277-8418
	Wabasha	800-277-8418
<b>Medicare</b>	<a href="http://www.medicare.gov">www.medicare.gov</a>	800-633-4227
<b>Mental Health</b>	Hiawatha Valley Mental Health	800-657-6777
	NAMI (National Alliance on Mental Illness)	888-626-4435
	SE Regional Crisis Center	844-274-7472
<b>Senior Dining</b>	Lake City	651-345-5977
	Wabasha	507-459-5766
<b>Senior Housing, Long term Care Options</b>	Minnesota Aging Pathways	800-333-2433
	<a href="#">Minnesota Aging and Disability Services</a>	
<b>Social Security</b>	<a href="http://www.ssa.gov">www.ssa.gov</a>	800-772-1213
<b>Telephone Reassurance/Emergency Response</b>	Check "Personal Emergency Response Systems" on <a href="https://mn.gov/adresources/">https://mn.gov/adresources/</a>	
<b>Transportation</b>	Hiawathaland Transit	866-623-7505
	Handivan	844-268-4539
	Seniors Helping Seniors SEMN	507-206-0414
	Star Special Transportation	507-601-2141
	Three Rivers Volunteer Transportation	866-623-7505 opt 2.
<b>Veterans Service Office</b>	Wabasha County	651-565-3864