

## Olmsted County Senior Services

<b>Adult Day Services</b>	Sahal Care Solutions	507-208-0677
	SMB Disability Solutions	507-292-7944
<b>Adult Foster Care (AFC)</b>	Olmsted County (AFC)	507-328-6375
<b>Advocacy, Information &amp; Assistance</b>	Elder Network Senior Advocate	507-285-5272
<b>Caregiver Support</b>	National Alzheimers Assoc.	800-272-3900
	Regional Alzheimers Assoc.	507-289-3950
	Elder Network	507-285-5272
	Family Service Rochester	507-287-2010
	Mayo Alzheimers Center	507-284-1324
	Mayo Memory Loss Assmt. & Training	507-266-5100
<b>Chore Service</b>	Family Service Rochester	507-287-2010
	Two Rivers Habitat for Humanity	507-516-0575
<b>County Social Services</b>	Olmsted County - Community Services	507-328-6400
	Olmsted County - Financial	507-328-6600
<b>Disability Services</b>	Disability Hub	866-333-2466
	SEMCIL	507-285-1815
	PossAbilities	507-281-6116
<b>Hospice</b>	Ecumen	507-774-3221
	Interim	507-200-1111
	Mayo	507-284-4002
	Moments	507-888-9700
	ProMedica	507-292-1170
	Seasons	507-285-1930
	St. Croix	507-281-5700
<b>Information, Referral &amp; Assistance and Health Insurance Counseling</b>	Minnesota Aging Pathways	800-333-2433
<b>Legal Assistance</b>	Legal Assistance of Olmsted Co	507-287-2036
	SMRLS Hotline	888-575-2954
<b>Licensed Professional Home Health Care Agencies</b>	A-1 Reliable Home Care	952-393-7857
	*Medicare Certified	Aafiya Home Care PCA
	Accurate Home Care*	866-214-3800
	ACCRA*	866-935-3515
Note: Not all agencies serve the entire county	Adara*	800-711-0509
		507-252-9844
	Aveanna*	507-282-2246
	Baywood Home Care*	763-546-8899
	Comfort Home Health Care*	507-281-2332
	Centric Healthcare	507-205-7322

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	Circle of Life Home Care	507-258-5050
	Embrace	507-369-5701
	Excellent Care Services	507-289-0338
	Global Health	507-282-6466
	Good Samaritan Home Care*	888-381-3205
	H&A Elite Home Healthcare	507-513-3799
	Hiawatha Home Health*	800-837-8898
	Home Instead	507-285-1700
	Interim Health Care*	507-200-1111
	International*	507-252-8117
	Robland Home Care*	507-252-4619
	Senior Home Health Care*	507-206-4539
	Sun Home	507-529-7999
	Spectrum Community Health*	507-282-8052
	Stanley Jones*	507-322-5740
	Triple A Nursing Care*	507-319-7185
	Visiting Angels	507-289-1147
	Cornerstone Caregiving	507-546-7497
	BrightStar Home Health Care	507-200-8789
<b>Maintenance Therapy</b>	Above & Beyond Senior Services	507-535-9792
<b>Non-Medical Home Care / Home Management</b>	Embrace Home Care	507-369-5701
	Excellent Care Services	507-289-0338
	Elder Network	507-285-5272
	Family Service Rochester	507-287-2010
	Foot Care Professionals(In-home foot care) Home Instead	507-269-7827 507-285-1700
	Village Caregiving	612-849-5050
	Cornerstone Caregiving	507-546-7497
<b>Long-Term Care Consultation (MnCHOICES Assessment )</b>	Olmsted County Intake - Rochester	507-328-6519
<b>Long-Term Care Ombudsman</b>	Statewide system	800-657-3591
<b>Meals on Wheels</b>	Byron	507-634-7526
	Chatfield	507-867-4220
	Eyota	507-864-8231
	Rochester	507-287-2010
	Semcac (Rural)	507-864-8228
	Stewartville	507-533-4787
<b>Medicare</b>	<a href="http://www.medicare.gov">www.medicare.gov</a>	800-633-4227
<b>Mental Health</b>	Zumbro Valley Mental Health	507-289-2089
	Family Service Rochester	507-287-2010
	NAMI (National Alliance on Mental Illness)	507-287-1692
	SE Regional Crisis Center	844-274-7472

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<b>Senior Center (staffed)</b>	125 Live Rochester	507-287-1404
	Center for Active Adults Stewartville	507-533-4787
<b>Senior Dining</b>		
<b>Senior Dining</b>	Central Towers	507-529-4139
	Eyota	507-545-3999
	Family Service Rochester	507-287-2010
	Fontaine Towers	507-529-4614
	High Pointe	507-424-1858
	Kenosha Dr. Apts	507-206-5163
	Muna Halel Rest.	507-864-8231
	NW Roch. Northgate	507-287-7152
	125 Live	507-424-6408
	Park Towers	507-287-7868
	Senior Diner's Club 37th St. HyVee	507-864-8243
	Stewartville	507-533-4787
	<b>Senior Housing, Long-Term Care Options</b>	
<b>Senior Housing, Long-Term Care Options</b>	Minnesota Aging Pathways	800-333-2433
	<a href="https://mn.gov/adresources/">https://mn.gov/adresources/</a>	
<b>Social Security</b>		
<b>Social Security</b>	<a href="http://www.ssa.gov">www.ssa.gov</a>	800-772-1213
	Rochester Office	877-841-5336
<b>Telephone Reassurance/Emergency Response</b>		
<b>Telephone Reassurance/Emergency Response</b>	Check "Personal Emergency Response Systems" <a href="https://mn.gov/adresources/">https://mn.gov/adresources/</a>	
<b>Transportation</b>		
<b>Transportation</b>	Cancer Society (chemo & radiation)	800-227-2345
	Divine Peace Special Transportation	507-208-4957
	Elder Network (medical/essential appts.)	507-285-5272
	Family Service (medical/essential appts.)	507-287-2010
	Friendly Ride	507-226-8883
	Handivan	507-281-3600
	Holding Hands Transportation	507-322-8318
	Land to Air Express	507-625-3977
	Med City Taxi	507-282-8294
	Minnesota Rides	507-735-6475
	Rem-Joy	507-206-6650
	Rochester Public Transit	507-328-7433
	Rochester Taxi	507-424-8294
	Rolling Hills Transit:	800-528-7622
	Rolling Hills Mobility (Through the door)	800-528-7622
	Stewartville, Pleasant Grove, Racine, High Forest, Byron, Dover, Eyota	
	Star Special Transportation	507-601-2141
	Sunflower	507-280-6060
	Swift Ride Transportation	507-316-1605
	Sunset Mobility Solutions	507-322-0700
Yellow Cab Senior Discount	507-282-2222	
ZIPS (Request app)	507-328-2434	

## Olmsted County Senior Services

	Zips Reservations	507-328-2520
	Lyft	<a href="http://www.lyft.com">www.lyft.com</a>
	Uber	<a href="http://www.uber.com">www.uber.com</a>
<b>Volunteer Based Programs</b>		
	Byron Neighbors Helping Neighbors	507-218-3275
	Catholic Charities	507-287-2047
	Elder Network	507-285-5272
	Family Service Rochester	507-287-2010
	Senior Companion	507-512-1036
	United Way	507-287-2000
<b>Veterans Service Office</b>		
	Olmsted County	507-328-6355