

Freeborn County Senior Services

Adult Foster Care (AFC)	Freeborn County (AFC)	507-377-5488	
Advocacy, Information & Assistance	Freeborn County Senior Advocate	507-459-7577	
Caregiver Support	National Alzheimers Assn.	800-272-3900	
	Regional Alzheimers Assn.	507-289-3950	
	Semcac	507-459-7577	
	Family Caregiver Network	507-377-7433	
Chore	Connected Community of Freeborn County	507-402-8507	
County Social Services	Freeborn County - Albert Lea	507-377-5400	
Disability Services	Disability Hub	866-333-2466	
	PossAbilities	507-281-6116	
	SEMCIL	507-285-1815	
Hospice	Ecumen	507-774-3221	
	Mayo	507-284-4002	
	Moments	507-888-9700	
	ProMedica	507-292-1170	
	St. Croix	507-281-5700	
	Superior Hospice	763-277-8777	
Information, Referral & Assistance and Health Insurance Counseling	Minnesota Aging Pathways	800-333-2433	
Legal Assistance	SMRLS Hotline	888-575-2954	
	(Southern MN Regional Legal Services)	507-377-2831	
Licensed Professional	Adara*	800-598-5546	
Home Health Care Agencies * Medicare Certified	Allied Home Health	507-668-4024	
	Aveanna*	507-282-2246	
	Baywood Home Care*	763-546-8899	
	Connected Community of Freeborn County	507-402-8507	
	Embrace	507-369-5701	
	Freedom Home Care*	507-387-4663	
	Good Samaritan Home Care*	888-381-3205	
	Helping Hands	800-246-9212	
	Home Instead	888-285-1733	
	International*	507-377-6393	
	NOTE: Some agencies may not cover the entire county	Legacy Home Care*	763-593-1000
		Regency Home Health Care*	507-434-4900
		Visiting Angels	507-289-1147
	Non-Medical Home Care / Home Management	Circle of Life Home Care	507-214-8007
Home Instead		507-299-2387	
Embrace		507-369-5701	
Long-Term Care Consultation (MnCHOICES)	Freeborn County	507-377 -5100	

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Assessment)		
Long-Term Care Ombudsman	Statewide system	800-657-3591
Meals on Wheels	Alden	507-373-7759
	Emmons	507-373-7759
	Geneva	507-373-7759
	Glenville	507-373-7759
	Semcac-Sr. Tower & rural	507-373-7759
Medicare	www.medicare.gov	800-633-4227
Mental Health	Albert Lea Behavioral Health	507-377-6406
	Mental Health Center	507-373-1491
	NAMI (National Alliance on Mental Illness)	507-481-8818
Senior Center (staffed)	Albert Lea	507-373-0704
Senior Dining	Albert Lea Senior Towers	507-373-7759
	Alden	507-874-3781
Senior Housing, Long-Term Care Options	Minnesota Aging Pathways https://mn.gov/adresources/	800-333-2433
Social Security	www.ssa.gov Austin Office	800-772-1213 866-504-5010
Telephone Reassurance/Emergency Response	Check "Personal Emergency Response Systems" on https://mn.gov/adresources/	
Transportation	A-Lea Taxi	507-318-6323
	Albert Lea Transit	507-379-1111
	Fair Ryde	612-806-2646
	Grace Transportation	507-369-5370
	Handivan	507-281-3600
	Rolling Hills Mobility (Through the door)	800-528-7622
	Rolling Hills Volunteers	800-528-7622
	SMART	507-433-2379
	Vern's Ride Service	507-320-8690
Volunteer Programs		
	Senior Companion	507-512-1036
	United Way Volunteer Center	507-373-8670
Veterans Service Office	Freeborn County	507-377-5184