

Freeborn County Senior Services

Adult Foster Care (AFC)	Freeborn County (AFC)	507-377-5488
Advocacy, Information & Assistance		
	Freeborn County Senior Advocate	507-459-7577
Caregiver Support		
	National Alzheimers Assn.	800-272-3900
	Regional Alzheimers Assn.	507-289-3950
	Semcac	507-459-7577
	Family Caregiver Network	507-377-7433
Chore		
	Connected Community of Freeborn County	507-402-8507
County Social Services		
	Freeborn County - Albert Lea	507-377-5400
Disability Services		
	Disability Hub	866-333-2466
	PossAbilities	507-281-6116
	SEMCIL	507-285-1815
Hospice		
	Ecumen	507-774-3221
	Mayo	507-284-4002
	Moments	507-888-9700
	ProMedica	507-292-1170
	St. Croix	507-281-5700
	Superior Hospice	763-277-8777
Information, Referral & Assistance and Health Insurance Counseling		
	Minnesota Aging Pathways	800-333-2433
Legal Assistance		
	SMRLS Hotline	888-575-2954
	(Southern MN Regional Legal Services)	507-377-2831
Licensed Professional		
	Adara*	800-598-5546
Home Health Care Agencies		
	Allied Home Health	507-668-4024
* Medicare Certified	Aveanna*	507-282-2246
	Baywood Home Care*	763-546-8899
	Connected Community of Freeborn County	507-402-8507
	Embrace	507-369-5701
	Freedom Home Care*	507-387-4663
	Good Samaritan Home Care*	888-381-3205
	Helping Hands	800-246-9212
	Home Instead	888-285-1733
	International*	507-377-6393
NOTE: Some agencies may not cover the entire county	Legacy Home Care*	763-593-1000
	Regency Home Health Care*	507-434-4900
	Visiting Angels	507-289-1147
Non-Medical Home Care /		
	Circle of Life Home Care	507-214-8007

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Home Management	Home Instead	507-299-2387
	Embrace	507-369-5701
Long-Term Care Consultation (MnCHOICES Assessment)		
	Freeborn County	507-377-5100
Long-Term Care Ombudsman		
	Statewide system	800-657-3591
Meals on Wheels		
	Alden	507-373-7759
	Emmons	507-373-7759
	Geneva	507-373-7759
	Glenville	507-373-7759
	Semcac-Sr. Tower & rural	507-373-7759
Medicare		
	www.medicare.gov	800-633-4227
Mental Health		
	Albert Lea Behavioral Health	507-377-6406
	Mental Health Center	507-373-1491
	NAMI (National Alliance on Mental Illness)	507-481-8818
Senior Center (staffed)		
	Albert Lea	507-373-0704
Senior Dining		
	Albert Lea Senior Towers	507-373-7759
	Alden	507-874-3781
Senior Housing, Long-Term Care Options		
	Minnesota Aging Pathways	800-333-2433
	https://mn.gov/adresources/	
Social Security		
	www.ssa.gov	800-772-1213
	Austin Office	866-504-5010
Telephone Reassurance/Emergency Response		
	Check "Personal Emergency Response Systems" on https://mn.gov/adresources/	
Transportation		
	A-Lea Taxi	507-318-6323
	Albert Lea Transit	507-379-1111
	Fair Ryde	612-806-2646
	Grace Transportation	507-369-5370
	Handivan	507-281-3600
	Semcac - Rolling Hills	800-528-7622
	Senior Resources	507-377-7433
	SMART	507-433-2379
	Vern's Ride Service	507-320-8690
Volunteer Programs		
	Senior Companion	507-512-1036
	United Way Volunteer Center	507-373-8670
Veterans Service Office		
	Freeborn County	507-377-5184