

Houston County Senior Services

Adult Day Services	Gundersen Tweeten Care Center	507-498-3211 ext 73434	
	LaCrosse Merit Centre	608-788-2900	
Adult Foster Care (AFC)	Houston County (AFC)	507-725-5811 ext. 1308	
Advocacy, Information & Assistance	Semcac Senior & Caregiver Advocate	507-475-1987	
	Neighbors in Action - La Crescent	507-895-8123	
Caregiver Support	National Alzheimers Assn.	800-272-3900	
	Regional Alzheimers Assn.	608-784-5011	
	Neighbors in Action- Caledonia	507-725-8123	
	Neighbors in Action- LaCrescent	507-895-8123	
	Gundersen	608-775-8435	
	Semcac Senior & Caregiver Advocate	507-864-8225	
Chore	Neighbors in Action - LaCrescent	507-895-8123	
	Small Town Homecare	507-493-5550	
County Social Services	Houston County - Caledonia	507-725-5811	
Disability Services	Disability Hub	866-333-2466	
	SEMCIL	507-285-1815	
	PossAbilities	507-281-6116	
Hospice	Mayo LaCrosse	608-392-9790	
	Gundersen	608-775-8435	
	Moments	507-888-9700	
	ProMedica	507-290-1170	
	St. Croix	507-281-5700	
Information, Referral & Assistance and Health Insurance Counseling	Senior LinkAge Line®	800-333-2433	
Legal Assistance	SMRLS Hotline	888-575-2954	
	(Southern MN Regional Legal Services)	507-454-6665	
Licensed Professional	Adara*	800-711-0509	
Home Health Care Agencies	Aveanna*	507-494-8600	
Medicare Certified	Baywood Home Care	763-546-8899	
	Comfort Keepers	608-784-3357	
	Global Home Health Winona	507-452-1696	
	Good Samaritan Preston*	507-765-2700	
		888-381-3205	
NOTE: Some agencies may not cover the entire county	Home Instead	888-285-1733	
	Interim Health Care*	507-200-1111	
	International*	800-345-0669	
	Mayo Franciscan*	608-392-9790	
	Options Plus Home Care	507-474-1509	
Non-Medical Home Care / Home Management	Home Instead	888-285-1733	
	Small Town Homecare	507-493-5550	

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Long-Term Care Consultation (MnCHOICES Assessment)	Houston County	507-725-5810	
Long-Term Care Ombudsman	Statewide system	800-657-3591	
Meals on Wheels	Caledonia	507-864-8231	
	Eitzen	507-864-2786	
	Hokah	507-864-2786	
	Houston	507-864-2786	
	LaCrescent	507-895-6585	
	Semcac	507-864-8228	
	Spring Grove	507-498-3385	
Medicare	www.medicare.gov	800-633-4227	
Mental Health	Hiawatha Valley Mental Health	507-725-2022	
	SE Regional Crisis Center	844-274-7472	
Senior Dining	Caledonia	507-864-8231	
	Eitzen	507-495-3533	
	LaCrescent	507-895-6585	
	Spring Grove	507-498-3385	
Senior Housing, Long-Term Care Options	Senior LinkAge Line® www.mnhelp.info	800-333-2433	
Social Security	www.ssa.gov	800-772-1213	
Telephone Reassurance/ Emergency Response	Check "Personal Emergency Response Systems" on www.mnhelp.info		
Transportation	Apple Express LaCrescent	608-789-7350	
	Neighbors in Action - Caledonia	507-725-8123	
	Neighbors In Action - LaCrescent	507-895-8123	
	LaCrescent & Hokah	507-895-8123	
	Rolling Hills Transit	800-528-7622	
	Semcac Vol Drivers	800-944-3874	
Volunteer or Faith in Action Programs	Neighbors in Action - LaCrescent	507-895-8123	
	Neighbors in Action - Caledonia	507-725-8123	
	Senior Companion	507-512-1036	
Veterans Service Office	Houston County	507-725-5805	