

## Olmsted County Senior Services

<b>Adult Day Services</b>	Sahal Care Solutions	507-208-0677	
	SMB Disability Solutions	507-292-7944	
<b>Adult Foster Care (AFC)</b>	Olmsted County (AFC)	507-328-6375	
<b>Advocacy, Information &amp; Assistance</b>	Elder Network Senior Advocate	507-285-5272	
<b>Caregiver Support</b>	National Alzheimers Assoc.	800-272-3900	
	Regional Alzheimers Assoc.	507-289-3950	
	Elder Network	507-285-5272	
	Family Service Rochester	507-287-2010	
	Mayo Alzheimers Center	507-284-1324	
	Mayo Memory Loss Assmt. & Training	507-266-5100	
<b>Chore Service</b>	Family Service Rochester	507-287-2010	
	Two Rivers Habitat for Humanity	507-516-0575	
<b>County Social Services</b>	Olmsted County - Community Services	507-328-6400	
	Olmsted County - Financial	507-328-6600	
<b>Disability Services</b>	Disability Hub	866-333-2466	
	SEMCIL	507-285-1815	
	PossAbilities	507-281-6116	
<b>Hospice</b>	Ecumen	507-774-3221	
	Interim	507-200-1111	
	Mayo	507-284-4002	
	Moments	507-888-9700	
	ProMedica	507-292-1170	
	Seasons	507-285-1930	
	St. Croix	507-281-5700	
<b>Information, Referral &amp; Assistance and Health Insurance Counseling</b>	Senior LinkAge Line®	800-333-2433	
<b>Legal Assistance</b>	Legal Assistance of Olmsted Co	507-287-2036	
	SMRLS Hotline	888-575-2954	
<b>Licensed Professional Home Health Care Agencies</b>	A-1 Reliable Home Care	952-393-7857	
	*Medicare Certified	Aafiya Home Care PCA	507-292-0113
		Accurate Home Care*	866-214-3800
		ACCRA*	866-935-3515
	Note: Not all agencies serve the entire county	Adara*	800-711-0509
			507-252-9844
		Aveanna*	507-282-2246
		Baywood Home Care*	763-546-8899
		Comfort Home Health Care*	507-281-2332

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	Centric Healthcare	507-205-7322
	Circle of Life Home Care	507-258-5050
	Embrace	507-369-5701
	Excellent Care Services	507-289-0338
	Global Health	507-282-6466
	Good Samaritan Home Care*	888-381-3205
	Hiawatha Home Health*	800-837-8898
	Home Instead	507-285-1700
	Interim Health Care*	507-200-1111
	International*	507-252-8117
	Robland Home Care*	507-252-4619
	Senior Home Health Care*	507-206-4539
	Sun Home	507-529-7999
	Spectrum Community Health*	507-282-8052
	Stanley Jones*	507-322-5740
	Triple A Nursing Care*	507-319-7185
	Visiting Angels	507-289-1147
	Cornerstone Caregiving	507-546-7497
	BrightStar Home Health Care	507-200-8789
<b>Maintenance Therapy</b>		
	Above & Beyond Senior Services	507-535-9792
<b>Non-Medical Home Care / Home Management</b>		
	Excellent Care Services	507-289-0338
	Elder Network	507-285-5272
	Family Service Rochester	507-287-2010
	Foot Care Professionals(In-home foot care)	507-269-7827
	Home Instead	507-285-1700
	Seniors Helping Seniors SEMN	507-206-0414
	Village Caregiving	507-910-9447
	Cornerstone Caregiving	507-546-7497
<b>Long-Term Care Consultation (MnCHOICES Assessment )</b>		
	Olmsted County Intake - Rochester	507-328-6519
<b>Long-Term Care Ombudsman</b>		
	Statewide system	800-657-3591
<b>Meals on Wheels</b>		
	Byron	507-634-7526
	Chatfield	507-867-4220
	Eyota	507-864-8231
	Rochester	507-287-2010
	Semcac (Rural)	507-864-8228
	Stewartville	507-533-4787
<b>Medicare</b>		
	<a href="http://www.medicare.gov">www.medicare.gov</a>	800-633-4227
<b>Mental Health</b>		
	Zumbro Valley Mental Health	507-289-2089
	Family Service Rochester	507-287-2010
	NAMI (National Alliance on Mental Illness)	507-287-1692

## Olmsted County Senior Services

	SE Regional Crisis Center	844-274-7472
<b>Senior Center (staffed)</b>	125 Live Rochester	507-287-1404
	Center for Active Adults Stewartville	507-533-4787
<b>Senior Dining</b>	Central Towers	507-529-4139
	Eyota	507-545-3999
	Family Service Rochester	507-287-2010
	Fontaine Towers	507-529-4614
	High Pointe	507-424-1858
	Kenosha Dr. Apts	507-206-5163
	Muna Halel Rest.	507-864-8231
	NW Roch. Northgate	507-287-7152
	125 Live	507-424-6408
	Park Towers	507-287-7868
	Senior Diner's Club 37th St. HyVee	507-864-8243
	Stewartville	507-533-4787
<b>Senior Housing, Long-Term Care Options</b>	Senior LinkAge Line <sup>®</sup>	800-333-2433
	<a href="http://www.mnhelp.info">www.mnhelp.info</a>	
<b>Social Security</b>	<a href="http://www.ssa.gov">www.ssa.gov</a>	800-772-1213
	Rochester Office	877-841-5336
<b>Telephone Reassurance/Emergency Response</b>	Check "Personal Emergency Response Systems" on <a href="http://www.mnhelp.info">www.mnhelp.info</a>	<a href="http://www.mnhelp.info">www.mnhelp.info</a>
<b>Transportation</b>	Cancer Society (chemo & radiation)	800-227-2345
	Divine Peace Special Transportation	507-208-4957
	Elder Network (medical/essential appts.)	507-285-5272
	Family Service (medical/essential appts.)	507-287-2010
	Friendly Ride	507-226-8883
	Handivan	507-281-3600
	Land to Air Express	507-625-3977
	Med City Taxi	507-282-8294
	Rem-Joy	507-206-6650
	Rochester Public Transit	507-328-7433
	Rochester Taxi	507-424-8294
	Rolling Hills Transit:	800-528-7622
	Stewartville, Pleasant Grove, Racine, High Forest, Byron	
	Seniors Helping Seniors SEMN	507-206-0414
	Star Special Transportation	507-601-2141
	Sunflower	507-280-6060
	Swift Ride Transportation	507-316-1605
	Yellow Cab Senior Discount	507-282-2222
	ZIPS (Request app)	507-328-2439

## Olmsted County Senior Services

	Zips Reservations	507-288-8404
	Lyft	<a href="http://www.lyft.com">www.lyft.com</a>
	Uber	<a href="http://www.uber.com">www.uber.com</a>
<b>Volunteer Based Programs</b>		
	Byron Neighbors Helping Neighbors	507-218-3275
	Catholic Charities	507-287-2047
	Age Well at Home	507-251-0520
	Elder Network	507-285-5272
	Family Service Rochester	507-287-2010
	Senior Companion	507-512-1036
	United Way	507-287-2000
<b>Veterans Service Office</b>		
	Olmsted County	507-328-6355