

Goodhue County Senior Services

Adult Day Services	ProAct - Red Wing	612-388-7108
	SMB Disability Solutions-Rochester	507-292-7944
Adult Foster Care (AFC)	Goodhue County (AFC)	651-385-3200
Advocacy, Information & Assistance	Prairie Island Indian Community	800-554-5473
	Three Rivers	507-421-6067
Caregiver Support	National Alzheimers Assn.	800-272-3900
	Regional Alzheimers Assn.	507-289-3950
	Faith in Action (Red Wing)	651-327-2400
	Pine Island Area Home Services	507-356-2999
	Three Rivers	507-421-6067
County Social Services	Goodhue County - Red Wing	651-385-3200
Chore	Three Rivers	800-277-8418
	Pine Island Area Home Services	507-356-2999
Disability Services	Disability Hub	866-333-2466
	SEMCIL	507-285-1815
	PossAbilities	507-281-6116
	ProAct - Red Wing	612-388-7108
Hospice	Allina Health Hospice & Palliative Care	507-446-0936
	Brighton Hospice	952-856-2213
	Intrepid	855-219-2691
	Ecumen	507-774-3221
	Mayo	507-284-4002
	Moments	507-888-9700
	ProMedica	507-292-1170
	St. Croix	507-281-5700
	Seasons	507-285-1930
	Faribault	507-334-6451
Information, Referral & Assistance and Health Insurance Counseling	Senior LinkAae Line®	800-333-2433
Legal Assistance	SMRLS Hotline	888-575-2954
	(Southern MN Regional Legal Services)	507-377-2831
Licensed Professional Home Health Care Agencies	ACCRA*	651-388-1010
	Adara*	800-711-0509
	Aveanna*	507-282-2246
Medicare Certified	Baywood Home Care	763-546-8899
	Comfort Home Health Care*	507-634-7534
		800-204-2332
	Excellent Care Services	507-289-0338
NOTE: Some agencies may not cover the entire county	Freedom Home Care*	507-387-4663
	Global	507-282-6466
	Helping Hands	800-246-9212
	Hiawatha Home Health*	800-837-8898
	Home Instead	507-285-1700
		888-285-1733
	Interim Health Care*	507-200-1111
	International*	507-252-8117
	Intrepid*	507-645-1089
	Northfield Home Care*	507-646-1457
	Robland*	507-252-4619
	Spectrum Community Health*	507-282-8052

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Non-Medical Home Care / Home Management	Home Instead Three Rivers	507-285-1700 800-277-8418
Long-Term Care Consultation (MnCHOICES Assessment)	Goodhue County Public Health	651-385-3200
Long-Term Care Ombudsman	Statewide System	800-657-3591
Meals on Wheels	Three Rivers Cannon Falls Kenyon Lake City Pine Island Red Wing Zumbrota, Wanamingo, Mazeppa	800-277-8418 800-277-8418 800-277-8418 651-345-3321 800-277-8418 651-388-1234 800-277-8418
Medicare	www.medicare.gov	800-633-4227
Mental Health	NAMI (National Alliance on Mental Illness) SE Regional Crisis Center Zumbro Valley Mental Health	507-287-1692 844-274-7472 507-289-2089
Senior Center (staffed)	Red Wing (Pier 55) Shepherd Center (Cannon Falls)	651-327-2255 507-263-2136
Senior Dining	Cannon Falls Pine Island Red Wing Zumbrota	507-864-8231 507-356-2228 651-388-9875 507-732-5086
Senior Housing, Long-Term Care Options	Senior LinkAge Line® www.mnhelp.info	800-333-2433
Social Security	www.ssa.gov Rochester Office	800-772-1213 877-405-3631
Telephone Reassurance/Emergency Response	Check "Personal Emergency Response Systems" on www.mnhelp.info	www.mnhelp.info
Transportation	Faith in Action Red Wing Handivan Hiawathaland Transit Pine Island Area Home Services Red Wing Mobility Seniors Helping Seniors SEMN Star Special Transportation	651-327-2400 507-281-3600 866-623-7505 507-356-2999 651-388-9215 507-2060414 507-601-2141
Volunteer or Faith in Action Programs	Catholic Charities Faith in Action - Red Wing Pine Island Area Home Services Common Good RSVP Shepherd Center	507-454-2270 651-385-3290 507-356-2999 507-287-2047 507-263-2136
Veterans Service Office	Goodhue County	651-385-3256