

Freeborn County Senior Services

Adult Foster Care (AFC)	Freeborn County (AFC)	507-377-5488		
Advocacy, Information & Assistance	Freeborn County Senior Advocate	507-377-7433		
Caregiver Support	National Alzheimers Assn.	800-272-3900		
	Regional Alzheimers Assn.	507-289-3950		
	Family Caregiver Network	507-377-7433		
Chore	Senior Resources	507-377-7433		
County Social Services	Freeborn County - Albert Lea	507-377-5400		
Disability Services	Disability Hub	866-333-2466		
	PossAbilities	507-281-6116		
	SEMCIL	507-285-1815		
Hospice	Ecumen	507-774-3221		
	Mayo	507-284-4002		
	Moments	507-888-9700		
	Heartland	507-292-1170		
	St. Croix	507-281-5700		
	Superior Hospice	763-277-8777		
Information, Referral & Assistance and Health Insurance Counseling	Senior LinkAge Line [®]	800-333-2433		
Legal Assistance	SMRLS Hotline	888-575-2954		
	(Southern MN Regional Legal Services)	507-377-2831		
Licensed Professional	Adara*	800-598-5546		
Home Health Care Agencies	Allied Home Health	507-668-4024		
* Medicare Certified	Aveanna*	507-282-2246		
	Baywood Home Care*	763-546-8899		
	Embrace	507-369-5701		
	Freedom Home Care*	507-387-4663		
	Good Samaritan Home Care*	888-381-3205		
	Helping Hands	800-246-9212		
	Home Instead	888-285-1733		
	International*	507-377-6393		
NOTE: Some agencies may not cover the entire county	Legacy Home Care*	763-593-1000		
	Regency Home Health Care*	507-434-4900		
	St. John's Community Care*	507-373-8226		
	Visiting Angels	507-289-1147		
Non-Medical Home Care / Home Management	Circle of Life Home Care	507-214-8007		
	Home Instead	507-299-2387		
	Embrace	507-369-5701		
Long-Term Care Consultation (MnCHOICES Assessment)	Freeborn County	507-377 -5100		
Long-Term Care Ombudsman	Statewide system	800-657-3591		
Meals on Wheels	Alden	507-373-7759		
	Emmons	507-373-7759		
	Geneva	507-373-7759		

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	Glenville	507-373-7759		
	Semcac-Sr. Tower & rural	507-373-7759		
Medicare	www.medicare.gov	800-633-4227		
Mental Health	Albert Lea Behavioral Health	507-377-6406		
	Mental Health Center	507-373-1491		
	NAMI (National Alliance on Mental Illness)	507-481-8818		
Senior Center (staffed)	Albert Lea	507-373-0704		
Senior Dining	Albert Lea Senior Towers	507-373-7759		
	Alden	507-874-3781		
Senior Housing, Long-Term Care Options	Senior LinkAge Line®	800-333-2433		
	www.mnhelp.info			
Social Security	www.ssa.gov	800-772-1213		
	Austin Office	866-504-5010		
Telephone Reassurance/Emergency Response	Check "Personal Emergency Response Systems" on www.mnhelp.info	www.mnhelp.info		
Transportation	A-Lea Taxi	507-318-6323		
	Albert Lea Transit	507-379-1111		
	Fair Ryde	612-806-2646		
	Grace Transportation	507-369-5370		
	Handivan	507-281-3600		
	Senior Resources	507-377-7433		
	SMART	855-762-7821		
	Vern's Ride Service	507-320-8690		
Volunteer Programs	Senior Resources	507-377-7433		
	Senior Companion	507-512-1036		
	United Way Volunteer Center	507-373-8670		
Veterans Service Office	Freeborn County	507-377-5184		