



## Help Remaining or Returning Home

*Last updated January 12, 2023*

Every person has the right to live in the setting of their choice. The Senior LinkAge Line® helps older adults remain in their homes or return to their home from a facility by providing free in-depth support and follow-up. Support is also provided to involved family members and caregivers. Those eligible are:

- 60 years or older
- In their home or in a facility and wanting to return home
- Not on Medical Assistance

### How Does It Work?

A provider (nursing facility, hospital, clinic, etc.) can make a referral or a person can self-refer online: <https://www.sllreferral.org/> (<https://www.sllreferral.org/>).

Once the Senior LinkAge Line receives a referral\*, the process usually involves:

- Discussing the help that is available
- Deciding if participating is right for a person
- If so, working together to develop a comprehensive plan that will meet the person's needs and preferences
  - This includes exploring available resources, estimating costs and helping set-up services, such as:
    - Home health
    - Meal/grocery delivery
    - Transportation
    - Help around the house
    - Home modification or repair
    - Financial or legal assistance
    - Caregiver support
    - Medicare, and much more
- Later, it includes follow-up to support long-term success in the community.

\*The Senior LinkAge Line also receives referrals from the Minnesota Board on Aging, based on a profile list of nursing facility residents.

## For More Information

Call the Senior LinkAge Line at 800-333-2433, Monday through Friday from 8:00 a.m. - 4:30 p.m.

The Senior LinkAge Line is a free, statewide service of the Minnesota Board on Aging in partnership with Minnesota’s Area Agencies on Aging. The Senior LinkAge Line helps older Minnesotans and caregivers find answers and connect to the services and support they need.

800-333-2433

Senior LinkAge Line - We Are Aging

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