

Goodhue County Senior Services

Adult Day Services	ProAct - Red Wing	612-388-7108
	SMB Disability Solutions-Rochester	507-292-7944
Adult Foster Care (AFC)	Goodhue County (AFC)	651-385-3200
Advocacy, Information & Assistance	Prairie Island Indian Community	800-554-5473
	Three Rivers	507-421-6067
Caregiver Support	National Alzheimers Assn.	800-272-3900
	Regional Alzheimers Assn.	507-289-3950
	Faith in Action (Red Wing)	651-327-2400
	Pine Island Area Home Services	507-356-2999
	Three Rivers	507-421-6067
Chore	Three Rivers	800-277-8418
County Social Services	Goodhue County - Red Wing	651-385-3200
Disability Services	Disability Hub	866-333-2466
	SEMCIL	507-285-1815
	PossAbilities	507-281-6116
	ProAct - Red Wing	612-388-7108
Hospice	Allina Health Hospice & Palliative Care	507-446-0936
	Brighton Hospice	952-856-2213
	Intrepid	855-219-2691
	Ecumen	507-774-3221
	Mayo	507-284-4002
	Moments	507-888-9700
	ProMedica	507-292-1170
	St. Croix	507-281-5700
	Seasons	507-285-1930
	Faribault	507-334-6451
	Northfield	507-646-1457
Information, Referral & Assistance and Health Insurance Counseling	Senior LinkAge Line®	800-333-2433
Legal Assistance	SMRLS Hotline	888-575-2954
	(Southern MN Regional Legal Services)	507-377-2831
Licensed Professional	ACCRA*	651-388-1010
Home Health Care Agencies	Adara*	800-711-0509
	Aveanna*	507-282-2246
	Medicare Certified Baywood Home Care	763-546-8899
	Comfort Home Health Care*	507-634-7534
		800-204-2332
	Excellent Care Services	507-289-0338
NOTE: Some agencies may	Freedom Home Care*	507-387-4663

not cover the entire county	Global	507-282-6466
	Helping Hands	800-246-9212
	Hiawatha Home Health*	800-837-8898
	Home Instead	507-285-1700
		888-285-1733
	Interim Health Care*	507-200-1111
	International*	507-252-8117
	Intrepid*	507-645-1089
	Northfield Home Care*	507-646-1457
	Robland*	507-252-4619
	Spectrum Community Health*	507-282-8052
Non-Medical Home Care / Home Management	Home Instead	507-285-1700
		888-285-1733
	Excellent Care Services	507-289-0338
	Three Rivers	800-277-8418
Long-Term Care Consultation (MnCHOICES Assessment)	Goodhue County Public Health	651-385-3200
Long-Term Care Ombudsman	Statewide System	800-657-3591
Meals on Wheels	Three Rivers	800-277-8418
	Cannon Falls	800-277-8418
	Kenyon	800-277-8418
	Lake City	651-345-3321
	Pine Island	800-277-8418
	Red Wing	651-388-1234
	Zumbrota, Wanamingo, Mazeppa	800-277-8418
Medicare	www.medicare.gov	800-633-4227
Mental Health	NAMI (National Alliance on Mental Illness)	507-287-1692
	SE Regional Crisis Center	844-274-7472
	Zumbro Valley Mental Health	507-289-2089
Senior Center (staffed)	Red Wing (Pier 55)	651-327-2255
	Shepherd Center (Cannon Falls)	507-263-2136
Senior Dining	Cannon Falls	507-864-8231
	Pine Island	507-356-2228
	Red Wing	651-388-9875
	Zumbrota	507-732-5086
Senior Housing, Long-Term Care Options	Senior LinkAge Line®	800-333-2433
	www.mnhelp.info	
Social Security	www.ssa.gov	800-772-1213
	Rochester Office	877-405-3631
Telephone Reassurance/Emergency Response	Check "Personal Emergency Response Systems" on www.mnhelp.info	www.mnhelp.info

Transportation	Faith in Action Red Wing	651-327-2400
	Handivan	507-281-3600
	Hiawathaland Transit	866-623-7505
	Pine Island Area Home Services	507-356-2999
	Red Wing Mobility	651-388-9215
Volunteer or Faith in Action Programs	Catholic Charities	507-454-2270
	Faith in Action - Red Wing	651-385-3290
	Pine Island Area Home Services	507-356-2999
	Common Good RSVP	507-287-2047
	Shepherd Center	507-263-2136
Veterans Service Office	Goodhue County	651-385-3256