

Mower County Senior Services

Adult Day Services	SMB Disability Solutions-Rochester	507-292-7944		
	Sacred Heart	507-433-1808		
Adult Foster Care (AFC)	Mower County (AFC)	507-437-9701		
Advocacy, Information & Assistance	Mower Co. Senior Advocate	507-433-3462		
		507-433-8376		
Caregiver Support	Mower County Seniors	507-433-3462		
	National Alzheimers Assn.	800-272-3900		
	Regional Alzheimers Assn.	507-289-3950		
Chore Service	Mower County Seniors	507-481-3333		
County Social Services	Mower County - Austin	507-437-9701		
Disability Services	Disability Hub	866-333-2466		
	Mower Council for the Handicapped	507-433-9609		
	PossAbilities	507-281-6116		
	SEMCIL	507-285-1815		
Hospice	Allina Health Hospice & Palliative Care	507-446-0936		
	Ecumen	507-774-3221		
	Mayo Austin	507-434-1416		
	Mayo Albert Lea	507-377-6393		
	Moments	507-888-9700		
	ProMedica	507-292-1170		
	Seasons	507-285-1930		
	St. Croix	507-281-5700		
Information, Referral & Assistance and Health Insurance Counseling	Senior LinkAge Line®	800-333-2433		
Legal Assistance	SMRLS Hotline	888-575-2954		
Licensed Professional Home Health Care Agencies *Medicare Certified	Accurate Home Care*	763-633-3800		
	Adara*	800-711-0509		
		507-252-9844		
	All Generations	507-214-8007		
	Allied Home Health	507-668-4024		
	Aveanna*	866-755-2246		
	Baywood Home Care*	763-546-8899		
	Centric Healthcare	507-396-2284		
	Embrace Home Care	507-528-7704		
	Good Samaritan Home Care	888-381-3205		
	Helping Hands	800-246-9212		
	Hiawatha Home Health*	800-837-8898		
	Note: Some agencies may not cover entire county	Home Instead	507-285-1700	
		International*	507-433-7101	
		Regency Home Care*	507-434-4900	
		Robland Home Care*	507-252-4619	
	Visiting Angels	507-289-1147		
Non-Medical Home Care / Home Management	Home Instead	507-285-1700		
Long-Term Care Consultation (MnCHOICES Assessment)	Mower County - Austin	507-437-9732		
Long-Term Care Ombudsman	Statewide system	800-657-3591		
Meals on Wheels	Adams	507-582-3263		

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	Austin-City Limits	507-438-3140	
	Austin-Rural	507-864-8228	
	Dexter	507-754-5744	
	Grand Meadow	507-754-5744	
	LeRoy	507-324-9515	
	Lyle/Rose Creek/Rural	507-325-2313	
Medicare	www.medicare.gov	800-633-4227	
Mental Health	Mayo Austin Behavioral Health	507-433-7351	
	NAMI (National Alliance on Mental Illness)	507-287-1692	
	SE Regional Crisis Center	844-274-7472	
	Zumbro Valley Mental Health	507-289-2089	
Senior Center (staffed)	Mower County Seniors - Austin	507-433-2370	
Senior Dining	Austin: Twin Towers, Pickett Place	507-459-9270	
	Senior Diner's Club-Hy-Vee	507-864-8243	
Senior Housing, Long-Term Care Options	Senior LinkAge Line® www.mnhelp.info	800-333-2433	
Social Security www.ssa.gov	www.ssa.gov	800-772-1213	
	Austin Office	866-504-5010	
Emergency Response	Check "Personal Emergency Response Systems" on www.mnhelp.info	www.mnhelp.info	
Telephone Reassurance	Mower County Seniors	507-433-3462	
Transportation	SMART	855-762-7821	
	AB Taxi	507-434-9689	
	Handivan	507-281-3600	
	Redi Ride	507-282-5353	
	Mower County Seniors Assisted Transp.	507-434-2188	
Volunteer Based Programs	Catholic Charities	507-454-2270	
	Common Good RSVP	507-450-1518	
	Senior Companion (LSS)	507-512-1036	
	United Way of Mower County	507-437-2313	
Veterans Service Office	Mower County	507-434-2712	