

Caregiver Consultants and Outreach Specialists in SE MN

Senior Outreach Specialists provide comprehensive, objective telephone and/or in-person support for consumers inquiring about long-term care services, housing options, caregiver support, Medicare, and other public benefits. They assist callers to assess their, or the care receiver's needs for services, decisions about service options, accessing benefits and connecting with formal and informal service providers.

Caregiver Consultants are trained to assist family caregivers with assessing needs, problem solving, care planning and connecting caregivers to resources and supports.

Dodge County

Melissa Almer-Senior Outreach Specialist & Caregiver Consultant

Semcac

545 Dunnell Dr.
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Phone- 507-450-8848
melissa.almer@semcac.org

Fillmore County

Paul Thibeault- Senior Outreach Specialist

Semcac

515 Washington St. NW
Preston, MN
Phone-507-765-2169

Freeborn County

Dana Marley- Senior Outreach Specialist
Danielle Anderson-Caregiver Consultant

Senior Resources of Freeborn County

314 S. Broadway Ave.
Albert Lea, MN 56007
Phone-507-377-7433
danam@srofc.org
daniam@srofc.org

Goodhue County

Nicole Pelzl Senior Outreach Specialist & Caregiver Consultant

Three Rivers CAP

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Faribault, MN 55021
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Houston County

Paul Thibeault- Senior Outreach Specialist & Caregiver Consultant

Semcac

T138 E Main St.
Caledonia, MN 55921
Phone-507-725-3677

Mower County

Nancy Donahue- Senior Outreach Specialist

Mower County Senior Center

400 3rd Ave NE
Austin, MN 55912
Phone-507-433-2370
nancyd@mcs-inc.org

Olmsted County

Holly Brown- Caregiver Consultant
Kate Jirik- Senior Outreach Specialist, Caregiver Consultant

Elder Network

1130 1/2 7th St. NW
Rochester, MN 55901
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hollyb@elder-network.org
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Rice County

Carla Pearson-Senior Outreach Specialist & Caregiver Consultant

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Steele County

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Wabasha County

Bonnie Sandberg– Caregiver Consultant

Elder Network

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Winona County

Barb Parker– Caregiver Consultant

Elder Network

902 E. Second St. Suite 321

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Regional and Statewide Resources for Caregivers:

**Alzheimer’s Association-MN/N. Dakota
Chapter, 24/7 helpline-1-800-272-3900**

Phone-507-289-3950

<https://www.alz.org/mnnd>

Senior LinkAge Line®

1-800-333-2433

www.minnesotahelp.info

National Alliance for Caregivers

<https://www.caregiving.org/resources/>

Family Caregiver Alliance

[https://www.caregiver.org/resource/
caregiving-home-guide-community-
resources/](https://www.caregiver.org/resource/caregiving-home-guide-community-resources/)

