

Mower County Senior Services

Adult Day Services	Sacred Heart	507-433-1808
Adult Foster Care (AFC)	Mower County (AFC)	507-437-9701
Advocacy, Information & Assistance	Mower Co. Senior Advocate	507-433-3462 507-433-8376
Caregiver Support	Mower County Seniors National Alzheimers Assn. Regional Alzheimers Assn.	507-433-3462 800-272-3900 507-289-3950
Chore Service	Mower County Seniors	507-481-3333
County Social Services	Mower County - Austin	507-437-9701
Disability Services	Disability Hub Mower Council for the Handicapped PossAbilities SEMCIL	866-333-2466 507-433-9609 507-281-6116 507-285-1815
Hospice	Allina Health Hospice & Palliative Care Ecumen Heartland Mayo Austin Mayo Albert Lea Moments Seasons St. Croix	507-446-0936 507-774-3221 507-292-1170 507-434-1416 507-377-6393 507-888-9700 507-285-1930 507-281-5700
Information, Referral & Assistance and Health Insurance Counseling	Senior LinkAge Line®	800-333-2433
Legal Assistance	SMRLS Hotline	888-575-2954
Licensed Professional Home Health Care Agencies	Accurate Home Care* Adara* All Generations Allied Home Health Baywood Home Care* Centric Healthcare Embrace Home Care Good Samaritan Home Care Grace Home Health Care* Helping Hands Hiawatha Home Health* Home Instead International* Recover Health* Regency Home Care* Robland Home Care* Sacred Heart Home Care* Visiting Angels	763-633-3800 800-711-0509 507-252-9844 507-214-8007 507-668-4024 763-546-8899 507-396-2284 507-528-7704 888-381-3205 507-369-5370 800-246-9212 800-837-8898 507-285-1700 507-433-7101 866-755-2246 507-434-4900 507-252-4619 507-433-1905 507-289-1147

Note: Some agencies may not cover entire county

Non-Medical Home Care / Home Management	Home Instead	507-285-1700
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Long-Term Care Consultation (MnCHOICES Assessment)	Mower County - Austin	507-437-9732
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Long-Term Care Ombudsman	Statewide system	800-657-3591
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Meals on Wheels	Adams	507-582-3263
	Austin-City Limits	507-438-3140
	Austin-Rural	507-864-8231
	Dexter	507-754-5744
	Grand Meadow	507-754-5744
	LeRoy	507-324-9515
	Lyle/Rose Creek/Rural	507-325-2313

Medicare	www.medicare.gov	800-633-4227
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Mental Health	Mayo Austin Behavioral Health	507-433-7351
	NAMI (National Alliance on Mental Illness)	507-287-1692
	Zumbro Valley Mental Health	507-289-2089

Senior Center (staffed)	Mower County Seniors - Austin	507-433-2370
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Senior Dining	Austin: Twin Towers, Pickett Place	507-459-9270
	Grand Meadow	507-754-5744

Senior Housing, Long-Term Care Options	Senior LinkAge Line® www.mnhelp.info	800-333-2433
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Social Security www.ssa.gov	www.ssa.gov	800-772-1213
	Austin Office	866-504-5010

Telephone Reassurance / Emergency Response	Check "Personal Emergency Response Systems" on www.mnhelp.info	www.mnhelp.info
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Transportation	SMART	855-762-7821
	AB Taxi	507-434-9689
	Handivan	507-281-3600
	Redi Ride	507-282-5353
	Mower County Seniors Assisted Transp.	507-434-2188

Volunteer Based Programs	Catholic Charities	507-454-2270
	Common Good RSVP	507-450-1518
	Senior Companion (LSS)	507-512-1036
	United Way of Mower County	507-437-2313

Veterans Service Office	Mower County	507-434-2712
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